



Decisions at Every Turn Coalition
December 13, 2016
Meeting Minutes

This meeting was held at the Ashland Middle School in the library

Attendees: AHS guidance counselor Brian Garrigan, parent Jill Whalen, APS Head Nurse Audrey LaCroix, DAET secretary Denise Montoya, AMS Adjustment Counselor Kelly Roy, AMS principal Dave DiGirolamo, AHS student Emily Wenzell, AHS student Julia Carusso, DFC Director Amy Turncliff, Community Outreach Coordinator Kristin French, Coalition Chair Liz Byrnes, STAND campaign coordinator Betsy Emberley, DAET treasurer Claudia Rose, School Committee member Paul Kendall, Directions editor Al Porter, AHS teacher Lindsay Hogan, parent Melanie Lewis, AHS student and BTB president Neha Shabeer

Meeting called to order at 5:35

Introductions:

- Attendees introduced themselves and shared what made them smile in 2016.

Minutes:

- Minutes of November meeting were accepted.

Program Coordinator position:

- Jemima left the position. we're sad to see her go; we need to fill her spot. The job has been posted job through Wayside. We need someone with a background in prevention that can do this full time. Send referrals to Kristin.

Community assessment plan:

- The plan is to start it in January. It's more comprehensive than the adolescent health survey that students currently take every two years. We want more of a community focus. To get a broad view of perceptions across the community so we can fully

understand the picture in Ashland. We did one before to apply for the grant but we haven't done a more comprehensive survey. A parent survey was done in 2014.

- Everyone reviewed the survey to determine if they would add anything or alter anything. One comment was made about a question that referred to "your oldest child," someone suggested changing it to "your oldest school age child".
- We can work on the survey or maybe get an intern to work on it. We could also get a focus group to go over it before sending it out.
- We need to be sure we reach Keefe Tech families, those with children in private schools and children who are home schooled.
- We can leave copies at the library. We can post it on our website. It can be posted on the Ashland bulletin board Facebook page. Someone suggested using the recent town survey. The results are posted online and it asks how people access information. We can look at that to determine the best way to reach the most people. If we use a focus group to work on the survey before it's sent out, we can also ask them to determine how to get the survey out in the best way possible.
- We need volunteers, please contact us.

Review of info obtained at the retreat:

- We got great feedback from those who attended the retreat in September. The questions about getting community involvement from all 12 sectors produced helpful information.
- Everyone reviewed the responses from the retreat to determine if anything was missing.

Budget:

- We are in year 4 of our 5 year grant. Claudia is currently reviewing how we organize our money and looking at how we spent money over the last 3 years. The biggest portion of our budget goes to salaries. The BAA money is gone. We will be over budget by \$4,276 if we get no help.
- Maybe we can limit training at AMS to one a year in the spring?
- We can save \$1,000 on the CADCA registration if it's done by Dec 19. The fundraising piece is still an issue; we need to pay for hotels, etc. Students said they will pay for their own food. Maybe the rotary, masons or ABA can cover the cost? The students are having a bake sale at school to help raise money. Amy will draft a letter to those

organizations, ask for their help and describe what the benefit is. BTB needs to get approval for travel; they have approval for an account for fundraising.

- PCN training can wait so we'll take it out of the budget for now.
- John Morello is \$2,500. It's a summer send-off program. Betsy heard rave reviews about John. Can we partner with PTA to cost share?

Updates:

- The social emotional working group is going strong. There is someone represented from each building in the group and they are currently breaking into sub working groups for each building
- Community Programming has an event that is coming up, Fun in Family Dinner. We already have 3 or 4 families signed up. APS Director of Food Services Lisa Beaudin is involved. Another event coming up as well is Addressing Challenging Behaviors with Respect.
- Social Norms is holding on PCN training for now. In the STAND campaign the current round of posters is on alcohol and the next round will be on marijuana.
- BTB is our youth group and they are presenting to Student Council. They would like to see a presentation given by people speaking about their career, explaining their college and career choices and leading to possible shadowing. They are also doing a survey on The Corner Spot to determine what students might want there. They are getting their Tshirts in soon. They we met with Mr. Caira and will be doing a leadership program with the Mindess.

Meeting adjourned 7:04



Decisions at Every Turn Coalition
November 1, 2016
Meeting Minutes

This meeting was held at Ashland Middle School in room 5

Attendees: DAET secretary Denise Montoya, AHS student Neha Shabeer, Student Services Director Kathy Silva, DFC Director Amy Turncliff, Community Outreach Coordinator Kristin French, Coalition Chair Liz Byrnes, AHS principal Kelley St. Coeur, STAND campaign coordinator Betsy Emberley, Bd of Health member Judy Marguiles, resident Les Clark, APS Head Nurse Audrey LaCroix, resident Gina Donovan, AMS principal Dave DiGirolamo, AHS Guidance Counselor Brian Garrigan

Meeting called to order at 5:36pm

Introductions:

- Attendees introduced themselves and discussed what costumes they saw on Halloween night.

Minutes:

- Minutes of October meeting were accepted.

Ken Ginsberg:

- We will get more parent feedback at a meeting to be held tomorrow night. When we get the video link principals will send it out as well as DAET.
- Kelley and Dave said AHS and AMS staff thought Ken was one of the best speakers they have heard. While the staff felt this way, they still would have preferred to get more concrete strategies. Ken gave the message that the community is responsible; the community should figure it out. He also spent a good amount of time on early childhood trauma. There's been a lag getting this information into education

- Brian saw part of the presentation to the students and thought it was fantastic. He attended the luncheon as well and thought the same. He said Ken talked about the variety of medical approaches and the difficulty that referrals can't be given to large group practices because each doctor handles things differently.
- The Social and Emotional Mental Health working group has discussed how to best follow up on Ken's presentations. Maybe start a new program? Follow the 7 C's? What exactly worked well? Would we change anything if we brought in someone else in the future?
- Gina asked why they choose the groups they chose. Only the 7th, 9th and 10th graders heard him. Neither school has the capacity for hosting all grades within their building, so decisions are made based on other planned programming and/or appropriateness of the content. For Ken, it was a matter of space and programming already planned for the other grades. The 8th graders will have a grade-only presentation and the 11th & 12th graders will have an opportunity for Prom & Grad programming the spring.
- Judy asked if maybe in the future we could have a live feed and then have a discussion with someone in charge when the feed cuts off. Liz responded that we couldn't reach the kids with that disconnect. It's ok with adults only. We'll have it available online and then parent's that missed it can watch it with their kids that way.
- Les asked how many parents are controlling what their kids watch on TV so they don't get the wrong impressions; social media as well. There were various responses.
- Neha thought Ken's talk was good. From what she heard, other students felt the same. They were using his terminology in relation to a test, so they heard it.
- Kathy said something to keep in mind for the future is to continue to address each age group separately. Different strategies are needed from Kindergarten through 12th grade.
- Liz asked how we keep a lasting impression at the schools. On Nov 8 the staff will attend a program about social emotional mental health. They will be sitting in smaller groups and having discussions. That will help. She also asked if anyone knew of a speaker or program on how to develop the culture of the classroom. Neha said Mike Smith was really good. Kelley wasn't sure if he spoke with adults on this topic. She knows he speaks to adults in the workplace. She thought he might be good for the youth summit.

World Café:

- On Nov 15, at the Ashland Public Library, there will be a community discussion about alcohol use. It will be small group discussions that are guided by questions.
- The first will be about alcohol use in pop culture. The second will be about modeling alcohol use in the home and in the community. The last question will be about underage drinking.
- We haven't done a lot with alcohol use and it's a target for our grant; we need to get it out into the community. Brian said he has 5 or 6 SADD members that are committed to going. Kelly said she could do an announcement. We want to get community members, parents and kids.

Community programming:

- Superintendent Jim Adams will do a book read on March 14. The book will be "The Gift of Failure" by Jessica Fahey. The library has ordered 12 copies as well as the DVD.

STAND:

- The current poster says "79% of students don't use marijuana in a typical month. Betsy will put up banners where voters are likely to see it.
- Brian said he keeps hearing people say that teen marijuana use hasn't gone up in Colorado but what they don't know is that teen use in Colorado is number one in the country. Amy agreed, the full state data is not collected to give accurate information, it misrepresents the situation.
- Stickers will be on tissue boxes. The vending machine wrap will be soon as well as the stair risers.
- We may not continue to do posters. We need to look at it. Denise asked about the negative feedback we received recently about the quantity of posters. That was only about parent night.
- The results of the survey 7th through 12th graders took today will come in May.

The Corner Spot:

- Denise asked if DAET could possibly get involved with The Corner Spot. Liz said the coalition could take a look at it; see how to coordinate something involving

prevention. Betsy is involved with The Corner Spot and would love some input about what features they could have for youth.

- There is a house on the corner of Pleasant and Main that can't be saved. It will be removed and that land will be used as a pop up park. There may be businesses in there for a few weeks, maybe some porch swings, different offerings for people to gather.

BTB update:

- About 40 students attended the first meeting. They expect about 30 people to attend regularly. They will meet every other week, opposite to the schedule for Student Council so there are no conflicts. They would like to make T-shirts.
- They are still getting comfortable; they have only had two meetings so far. They want to do sector meetings and events with other clubs. Neha will be presenting to the School Committee at their upcoming meeting. There will also be an article in the Town Pages.

Other:

- Jemima is coming back
- Brian said SADD did Red Ribbon last week. A good amount of students signed the pledge to commit to not doing drugs. Some students went out at lunch time and put ribbons on cars. Brian said he has a good amount of students holding signs next week for "No on 4".
- Amy asked attendees to be sure to submit their expenses to DAET before they spend. We are not getting the state funding we were expecting, it got cut. We need to work within the confines of our budget.
- Amy is concerned about Question 4; it's really around 50/50 right now. The same amount of money was being spent to support both sides but then the Yes side started to realize more authorities were saying No so they put more money into it.

Meeting adjourned at 7pm



Decisions at Every Turn Coalition
October 4, 2016
Meeting Minutes

This meeting was held at Ashland Middle School in room 5

Attendees: AMS student Susan Dos Ayos Freitas, AMS student Wanessa Sousa, AMS student Alyssa Helene Rozenblum, AMS student Allison Swartz, AHS student Stephanie Moscaritolo, DAET secretary Denise Montoya, AHS student Neha Shabeer, AMS Adjustment Counselor Kelly Roy, Student Services Director Kathy Silva, DFC Director Amy Turncliff, Community Outreach Coordinator Kristin French, Coalition Chair Liz Byrnes, AHS principal Kelley St. Coeur, School Resource Officer Dave Muri, STAND campaign coordinator Betsy Emberley, DAET treasurer Claudia Rose

Meeting called to order at 2:34

Introductions:

- Attendees introduced themselves. Students shared what they were hoping to learn and adults shared what they were hoping to learn from the students.

Minutes:

- Minutes of September meeting were accepted.

DAET purpose:

- Amy asked if the middle school students understood the purpose of the coalition. High School student Neha Shabeer gave a brief description.

Breaking The Barriers club at AHS:

- It will be a community service and leadership club. "We hope to give youth the skills they need to be a leader of today." The first meeting is tomorrow; they put up posters and heard from a lot of people that want to come. To be a full member, students must

go to 5 meetings a month and earn 5 community service hours a month. They are talking with Ms. Shiels about getting credit for meetings and not just events.

- They would like to do a leadership program with Mindess students. Something with movement, discussions about what a leader is, bridge the gap between the neighborhood and traditional kids, talk about skills such as speaking to a crowd, listening to others and being a role model.
- Volunteering with the Metrowest Substance Abuse Prevention Alliance as well as the PTO Trivia Night is something they would like to pursue.
- There are no current plans to work with Middle School students; they are open to it but that age group might not work. They are too close in age; they might not respect/accept the high school students.

Desire to have youth presence at retreat:

- At the most recent annual retreat there was a lot of feedback about having a youth presence. To make them feel more comfortable to share their opinion we'll have a meeting with the students before the retreat so they can be more prepared on the topics.

Ashland Substance Abuse Prevention (ASAP) club at AMS:

- A student commented that the way the club is presented makes them feel like they are preparing for another lecture about drug use. She suggested it to be presented as a discussion or open topic. Students may be more interested and feel like they have a voice. Liz reminded the students that DAET can come in and talk with them if they want to do small group discussions.
- Kelly Roy agreed and said ASAP is seen as a club to join if you have a substance abuse problem. The way it's marketed makes a difference.
- Students commented that anyone who has these problems think their opinion doesn't matter; they may be uncomfortable talking about the things we're talking about; that there is a lot of judgement and they are perceived as bad people that do bad things; and there are concerns about impact on friendships. Other stressors were mentioned and included bullying disguised as jokes, the clothes they wear, and where they sit at lunch.
- Kelly Roy suggested discussing these issue more during Advisory. They could brainstorm ideas on how to make people feel more comfortable talking about it and getting help.

- We may consider doing something on “The importance of labels”. DAET is about making good decisions not just about substance abuse.

Youth Summit:

- We have an opportunity to write another grant to do a youth summit. Kristin has been talking with members of BTB. They have ideas on how to break up the time, discuss skill building strategies. They are still working out the details of the grant. They would like to meet with other students in the area. BTB is also hoping to have something *at AHS for AHS* students.
- Neha said a format to consider was how leadership was discussed at CADCA’s NYLI youth summit. (Community Anti-Drug Coalitions of America - National Youth Leadership Initiative) The students that attended thought they knew what leadership meant before going but afterwards they felt like they really got educated on what leadership means.
- Kelley St. Coeur suggested making this part of the next World Café program at the library. Betsy said she would discuss this with her later.

STAND:

- The 91% experiment worked well on parent night at AHS. The staff was involved so it was much more receptive. Parents approached Betsy at the DAET table and commented on it but we don’t have a way to measure how successful it was. She’ll consider how to determine that for next year.
- Betsy said she realized a lot of people don’t know what STAND means, they know of it, recognize the messages, but don’t know what the acronym represents. She wants to find a way to remind them.
- Kelley St. Coeur said recent feedback from the students regarding the STAND posters were negative. They thought there were too many; it was a waste of paper. It might be time to switch from using posters to get the message out. DAET has had conversations in the past about the lifecycle of the campaign, what it looks like over the long term; maybe we should go to something else and then circle back.
- Betsy will talk with Stephanie Patton. She is doing the Positive Community Norms luncheon on the 18th. She’ll be discussing the impact of the AHS social norms campaign and what else can be done to further reduce youth substance abuse. She did AHS faculty training in the past but since there is new faculty now, it may be time to do it again. Maybe BTB should attend? Betsy will discuss with Kelley St. Coeur.

How to reach people in Ashland:

- Officer Muri is concerned about how to reach parents. In his experience parents tend to have the opinion that “it’s not my kids,” they tune it out until something tragic happens. If it’s a flyer, they’ll throw it out; he’s not sure how to reach them. He’s also worried about dispensaries opening up. There is no education about it.
- We need to get the message out through the community, the police, not just the schools. It needs to be woven into our community.
- DAET strives to provide educational information and messaging with focus on the positive. We do not want to be perceived as telling parents what to do. We want parents to feel supported and our role is to give them as much information as possible so they can make decisions on what is best for the health of their family.

Guiding Good Choices:

- The Guiding Good Choices program is all lined up, promoted well, but no one has registered. It starts on Oct 20. Maybe we can reach out to see how it was successful in other towns? In addition, the Mindess and Middle schools have the information and if families are looking for resources it is offered as an idea. The structure of the program can be hard for families to commit to (5 consecutive weeks) and it can be difficult to conduct targeted outreach.

Retreat Recap:

- We got some good K thru 5 ideas. We’ll be starting a working group and seeking a chairperson for that group.
- We may do another retreat in the spring. People were excited about it and may be willing to come back.

Student focus groups:

- Betsy and Kristin did a focus group at the high school. Most students were on the same page about the assembly. They discussed stressors they face.
- We did two last year, mostly juniors and seniors; this one was mostly freshman.

Ken Ginsburg on Oct 19:

- Amy said she needs to follow up with Betsy about the advertising plan for Ken Ginsberg, especially the use and timing of a robocall during this very busy political season or a district-wide e-blast.

Liability insurance:

- Denise asked if we should consider getting liability insurance. She explained that she is currently getting quotes for liability insurance for the executive board members of the Friends of the Ashland Library and wondered if DAET should do the same.
- Kristin will follow up with other coalitions to see what they do.

Meeting adjourned at 4:20



Decisions at Every Turn Coalition
September 13, 2016 Meeting
Minutes

This meeting was held at Ashland Middle School in room 5

Attendees: Liz Byrnes, Judy Margulies, Audrey LaCroix, Gina Donovan, Neha Shabeer, Stephanie Moscaritolo, Haley Boccuzzi, Al Porter, Denise Montoya, Kelly Roy, Claudia Rose, Kristin French, Amy Turncliff, Betsy Emberley

Meeting called to order at 5:36pm

- Everyone introduced themselves and discussed if they took a positive risk this summer and what the outcome was.

Minutes

- Minutes of June meeting were accepted

DAET coalition youth group - club proposal and discussion

- Their new name will be Breaking The Barriers – BTB.
- Neha explained the group's mission, plans and constitution – it will be a community service and leadership club.
- Their mission is "to inspire youth to make healthy choices and give them the qualities to become a leader of today".
- They met with Liz, Amy and Kristin last week. They also had a founder's meeting and determined their roles. Neha is President, Annabelle Rutherford is the secretary, Haley is publicist and the remaining three founding members are Liz Cahill, Stephanie Moscaritolo and Selma Chamime.
- They will provide leadership for grades 3 to 5, volunteer for Kids Night Out (KNO), attend the CADCA summit in the spring of 2017, fundraise for CADCA summit and other

BTB initiatives, create BTB merchandise, assist with the STAND campaign, and hold a Girl Scout workshop.

- To be a full member students must attend 5 meetings per quarter and perform 5 hours of community service hours each semester.
- They have an advisor, the new English teacher Ms. Hogan. They will meet every week on Wednesdays, after school.
- They have to go to the School Committee to get final approval but will check with Ms. St. Coeur.
- They plan to start meeting the first week of October.
- The leadership program at the Mindess will be their first order of business. They will also help with DAET on Ashland Day.
- They created a Google Drive for their documents.

Social Norms Committee - STAND update

- Betsy explained that the most recent set of posters are up. The new 9th graders did the pilot testing. The message is “73% of AHS students do not drink alcohol in a typical month”.
- On the 22nd a strip will be added onto the bottom of the poster with the message “90% of AHS students would support a friend if they chose not to drink alcohol”. This date was chosen because of homecoming weekend beginning the next day.
- On the 28th, the night before parent’s night at AHS, they will hang 200 flyers that say “91%” and staff will have 91% buttons to wear for the day. Staff will also write the full statistic on their white boards. Betsy hopes parents and students will ask what the 91% represents. It means “91% of students report that their parents do not let them drink alcohol at home”.
- The next three images are ready to be pilot tested.
- STAND posters are temporarily up for 6 weeks only, but they will have more permanent posters as well.
- Posters related to marijuana will go up just before the Nov 8 election.

Update from Kelly Roy, AMS Adjustment Counselor

- On Sept 29 she will attend the 2016 Metrowest Adolescent Health Survey administration meeting with Dave DiGirolamo, AMS principal and Caroline Williams,

AMS guidance counselor. Our survey will be taking place tentatively on Nov 2. 2nd

Annual Coalition Retreat

- Kristin said about 40 people are registered, approximately the same amount of people as last year. There are a few first-time attendees this year.
- Retreat topics will be: discuss strategic plan, refine action items for the year, discuss submitting an application for the renewal of the Drug Free Communities (DFC) grant that will be expiring in 2 years and to celebrate DAET successes.
- Kristin would like to have another retreat that is not scheduled during the day so youth can attend.

First Community Programming of the year – Marijuana education

- To be held Monday, Sept 19 at AHS, 7pm.
- The flyer went out. There is an email link on our site and it went through the schools. The town is also looking at how to distribute it
- The panelists agreed to have it recorded for cable.
- Carol Read from Needham, very well versed in marijuana education, will be moderator
- Panelists will be Ashland Police Chief Davis, Director of Neuropsychology at MGH Center for Medicine,

Dr. Randi Melissa Schuster, Marijuana policy expert John Scheft will discuss upcoming ballot question

#4 and State Rep Hanna Kane will talk about the senate report on marijuana and the change in Colorado.

- We will announce that the event is meant to be for educational purposes only and not to tell anyone how to vote on the ballot question in Nov.
- There will be index cards for attendees to write questions for the panelists.
- Due to construction at AHS and limited parking spots we will have a sign outside directing traffic.
- Judy mentioned that the MetroWest Health Foundation/MPHA is having a similar event on Friday morning, Sept 16 8:30-10:30 at Framingham Town Hall.

SAPC – Substance Abuse Prevention Collaborative

- Ashland is part of the Hudson SAPC grant cohort – including Hudson, Northboro, Southboro, Ashland, Framingham and Natick.
- They look at data for underage drinking prevention.
- One way to use it will be to look at modifying alcohol regulations and those caring for adults outside of school.
- We need recommendations on who could sit on that committee.

Social Emotional Mental Health Working Group:

- Thank you to Betsy for starting this group.
- New co-chairs will be Carolyn Chapman, a mom of twin girls and mental health clinician (She has been participating in our mental health WG) and Mynette Shifman a nurse in Framingham Public Schools, but has children in the Ashland public schools.

Celebration of successes

- Claudia Rose is back as Treasurer and Denise Montoya will be Secretary.
- More people have joined in for various needs for STAND.
- The third liquor license training was great. Mike Marcantonio, TIPS Master Trainer, brings fake IDs to show attendees. A little more than half of the license holders attended the training. There was some discussion about ambiguity in Ashland regulations around required trainings for servers. Steve Mitchell attended as a Board of Selectmen representative. We pay for the training right now, but we hope someone will see the value in it and pick it up if we no longer get funding for sustainability purposes. There was some discussion that possibly the Ashland Business Association (ABA) could help.
- The School Committee approved having Narcan in the schools. Now all school nurses have been trained on how to use Narcan and have it in each school. Audrey mentioned the need to address how to handle medical marijuana in the schools.

Working group spotlight - Opioid Prevention – Update from Kristin

- The group started in January and uses the recommendations from the Massachusetts Municipal Association as a strategic planning guideline. Kristin has a strategic plan now but needs to get approval from the rest of the working group members. We are also collecting data along with other towns Framingham, Natick,

Hudson to be consistent with Massachusetts Opioid Abuse Prevention Collaborative (MOAPC) grant.

- Reminder cards were brought around town about the drop box for unused medication at the police station. Pharmacy managers were asked if they would make the cards available to their customers and they agreed.
- We now have substance abuse and mental health pocket guides listing all resources in the area. Joy Vetter, an intern with the Board of Health, did the pharmacy outreach for us. She asked pharmacies if they were making efforts to reduce the stigma around requesting Narcan and what the level of Narcan requests has been. She also asked if they would attend training on how to handle this if we provided it.
- Now all pharmacies have a standing order for Narcan. Rite Aid didn't have any requests when we checked, CVS said they had less than one. It is not in high demand - people are not requesting it. You can get a prescription for it but the nasal spray you can get without a prescription. We were up front about our survey. Medfield did a sting operation.
- This is our approach on how to deal with opioid prevention, it's not a national program.
- Joy asked them if they would staple our guide to the prescription bag. Walgreens said they would look into it, CVS said they had to check with corporate, Rite Aid said maybe – each one responded differently – if we can all get behind it – it would grow town by town.
- Another idea is to distribute materials for youth and parents about drug use prevention. Joy drafted some materials. We could also work directly with youth in a workshop, have one for parents and then bring them together.
- The next priority is what kind of workshops might be good for this population – prescribers, dentists, youth. There are a lot of efforts directed at prescribers and youth – dentists are the big one – we have a list of all the pockets we need to reach. Do we have a dentist we could talk to? What would be the most effective way to reach these people?
- Jason Rutherford is an Ashland parent and pastor at First Baptist Church in Framingham. They see a lot of families in crisis. They are having an event in October for their clergy, conducted by a clinician from McClean Hospital to help them learn how to best support the families in their congregation. Jason is welcoming people from our community faith groups to the training. They are not doing any outreach to Ashland, so Kristin is trying to help. It's good to make connections with the faith community.

Adjourned – 6:38



Decisions at Every Turn Coalition
June 14, 2016
Meeting Minutes

Attendees: Amy Turncliff, Kelly Roy, Audrey LaCroix, Jemima Valdouin, Dave DiGirolamo, Al Porter, Kristin French,

Kathryn Silva, Stephanie Moscaritolo, Haley Boccuzzi, Annabelle Rutherford, Kelley St. Coeur, Betsy Emberley, Densie Montoya, Selma Chamime, Alex Carlton, Liz Byrnes, Brian Garrigan, Neha Shabeer, Mark Oram, Judy Margulies, Rebekah Carter, Brett Walker

The meeting began at 5:40pm. There were introductions made and the minutes were accepted from May 10, 2016.

DAET Youth Club Proposal: The youth gave a presentation proposing to start a student club at AHS. Some questions that were asked of the students were: How is this different from SADD? What not be a subdivision of SADD? Why do you want to name the club STAND? What will some of the club activities be?

The students felt that this club would be more focused on positive messaging to show the good choice students are making vs. the negative. The students also mentioned that they feel more connected to the coalition than with the SADD club. However, Liz mentioned that SADD is also an entity of the coalition with Brian Garrigan representing the club every meeting.

Amy talked about the students needing to make it more clear what makes them different from SADD or ACT and if it is worth creating a new group. Amy also brought up some concerns regarding the name STAND as the club. Betsy described her concerns with using the name STAND as a club name, including that it could potentially compromise the credibility of the campaign. There was some description of what a social norms campaign is and how it takes a lot of time to build up the credibility of evidence based programs such as STAND. Liz also felt

that the students should stay away from using the name STAND and try to include the coalition name in the group so that people know it is a piece of DAET.

Brian notified the group that SADD has always wanted to change their name because it doesn't sound appealing to youth. He says he is more than willing to work with the teens to either change the name or find ways to get them involved with the group without them feeling like they cannot focus on positive messaging. Kelley says that she appreciates the diversity of the group & how they want to reach out to other student leaders from other clubs to join their group, which sounds like a true coalition model. Kelly appreciated the students presenting their proposal to a large group and Al offered the students to have a column in the Directions Paper for the group. There was a general consensus that the students will not use STAND as the name and will work with Jemima to brainstorm a name. They will also work with Brian to see if it is possible to become a subgroup of SADD.

Updates were given:

STAND (AHS Social Norms) Update: Betsy said that round 6 posters are up. She may pilot test tomorrow during lunch to get more ballots for next year's poster. She also has a few parents who may be interested in joining the STAND Working Group for next year.

Community Programming: Betsy shared with coalition members a list of programs for next year. Members were encouraged to review the programs and send their suggestions or questions to Betsy. There are a little discussion on an after-prom for next year and other towns who have done it before for Gina who will be starting a group for next year. There was also talk about getting the ABA involved to help sponsor some of the activities.

Hidden in Plain Sight Exhibit Debrief: Kristin shared with the group how successful the exhibit was in May and the coalition's involvement in volunteering to work the exhibit. She also mentioned that DAET will continue to collaborate with neighboring coalitions to do projects/events in the future.

Substance Abuse Prevention Collaborative and Massachusetts Opioid Addiction Prevention Collaborative: Amy described the 2 groups to coalition members and DAET's involvement with them.

DAET Secretary and Treasurer: Liz announced that there are 2 leadership positions open with the coalition and anyone interested should let her know. Denise mentioned that she may be interested in doing the secretary position and would like to know more about the responsibilities for it. Alex also mentioned that if she receives a description of the treasurer, she could circulate it with the ABA members.

Recent Successes: We celebrated potentially having new coalition members in leadership positions.

We also celebrated the approval of our progress report and DFC site visit from SAMHSA. There were 4 coalition members who attended the New England Institute of Addiction Studies training and they all enjoyed the training. We also celebrated the success of the Summer Send Off Event in May with 60 attendees. The AHS handbook has been approved with additions of prohibiting vaping on school grounds. We also celebrated the submission of the MWAHS questions and of course our youth for presenting today!

Other: Amy announced that the coalition will have a table at the Farmer's Market on September 10th and Ashland Day on September 17th.

Medical Marijuana Dispensaries (RMD) Regulations: The BOH had RMDs on their BOH meeting agenda because 2 businessmen approached the town about potentially having medical marijuana businesses in town. Amy went to the meeting as a parent and resident of Ashland to educate the members of the dangers of marijuana and resources that DAET has to help.

Coalition Meeting Schedule: Liz announced that a new schedule for next year will be released as soon as possible to coalition members. Coalition meetings will start in September 2016

Coalition Retreat 2016: There are current plans to have another retreat in September 2016 at the Warren Center. Members should be on the lookout for a save the date in the near future.

Community Assessment Plan: DAET will be working to update their community assessment plan starting this summer. Liz vouched for there to be a working group to help so this and members requested a description of what help will be needed to do this.

Meeting adjourned at 7:10pm



Decisions at Every Turn Coalition
May 10, 2016
Meeting Minutes

Attendees: Jemima Valdouin, Kelly Roy, Amy Turncliff, Kristin French, Kelley St. Coeur, Dave DiGirolamo, Rebecca DeBenedictis, Caroline Ellis, Neha Shabeer, Betsy Emberley, Jessica Healy, Judy Margulies

The meeting began at 2:35PM.

Youth Activity: Two new youth attended and were introduced to the coalition and what we do. Amy gave a brief explanation of some coalition activities and opportunities for youth to be involved. Jemima discussed with the group an opportunity to develop a coalition PSA about Ashland being drug-free. She encouraged anyone who is available over the summer to work with her to make this video. Judy suggested that we work with WACA for materials for making and editing the video which everyone agreed with. Jemima and Kelley know a few teens who work with WACA and plan to reach out.

Amy also asked the teens about developing a meeting schedule for youth meetings separate from coalition meetings. Rebecca and Caroline suggested that if it was during school hours at AMS, it would be easier to attract more youth at the middle school. They also suggested that providing food is always helpful. Kelly noted that if students have a specific project to do when they meet, it will make the meeting more productive and enticing to attend. Neha proposed that providing food and community service hours always helps for AHS students.

CADCA Debrief: Neha gave a brief overview of her experience at CADCA in the youth track. She said that she had a great time meeting other teens and being able to learn more about prevention.

Minutes were accepted from the April 12, 2016 meeting.

Updates were given:

STAND (AHS Social Norms) Update: Betsy said that round 5 posters are up and she is possibly looking to put up a round 6 before the school year ends. She will update everyone as soon as possible.

Community Programming Debrief: The Summer Send Off event was the same evening as the coalition meeting. There was a lot of discussion on how successful the program has been publicized. Neha made a comment that there are no incentives for freshmen and Kelley agreed to add an extra raffle for them. For this event in the future, it was suggested that there be no sport practices or games on the day of this event. Neha also mentioned that a great incentive would be gaining bonus points from teachers for attending.

Hidden in Plain Sight Exhibit: There was a kickoff event earlier today that went very well for the exhibit. It featured speakers from Natick fire and police department, MOAR, District Attorney Marian Ryan, Senator Karen Spilka and the County Sherriff. There were about 100-120 people in attendance for the event and the exhibit will be open until May 26th.

Marijuana Position Statement: Although the coalition agreed in the last meeting to create a position statement like other coalitions have done on marijuana legalization in MA, the Drug-Free Communities Project Officer recommended that we do not do this now. Instead, Amy has helped MAPA develop a Marijuana fact sheet that is ready to be distributed. Judy mentioned that the youth could do a PSA about marijuana since it is a timely topic of conversation. She also said that we should not forget about the senior center because many grandparents have relationships with their teen grandchildren or interact with teens in Ashland. We should utilize them as a resource in our prevention efforts. Coalition members agreed with this as a new strategy in our prevention work.

Recent Successes: Drug Take Back Day with Ashland PD and the Lions Club went very well a few weeks ago. There was an idea to print business cards that can be distributed to inform the community on drug-take back day and the prescription drop-box.

AMS had a successful day of silence back in April. Students enjoyed it and the plan is to do it again next year

There was a final training with Deb and Dana with 6th and 7th graders that went very well. There was a little bit of discussion on possibly bringing in Deb and Dana to AHS to train the peer leaders. AMS does a survey for students at the end of the year on the program to

evaluate it. Amy suggests that the coalition helps to do some focus groups regarding the program to possibly implement it next year at AHS.

AMS also did R&R afternoons with the YMCA that consisted of Games, manipulatives, exercise and other activities. Some of the favorites were playing with slime, magnetic and making friendship bracelets.

Training Opportunity: The New England Institute of Addiction Studies will be June 6-9th at Worcester State University. Anyone interested should contact Jemima.

Meeting adjourned at 4PM.

Next Meeting: June 14, 2016 at AMS Room 5, 5:30-7PM



Decisions at Every Turn Coalition
April 12, 2016
Meeting Minutes

Attendees: Jemima Valdouin, Rebekah Carter, Al Porter, Katherine Silva, Kelly Roy, Amy Turncliff, Brian Garrigan, Liz Byrnes, Kristin French

The meeting began at 5:40PM. Minutes were accepted from the March 8, 2016 meeting.

Updates were given:

STAND (AHS Social Norms) Update: Betsy has started pilot testing and is planning to get the next round of posters up right before April break.

Community Programming Debrief: Jemima reported out for Betsy about the program on Family Dinners. Betsy mentioned to her that it went very well and attendance was okay. Jemima noted that Cara Tirrell said to her that the program was happening when she was planning to have her family dinner so she could not attend but if there was actual dinner being offered, it may have been something she would be able to attend with her family.

The pre-prom/senior week program is scheduled for Tuesday May 10th. It is currently being finalized and the group is thinking of more incentives to offer students to increase attendance. Betsy will be previewing the improbable players tomorrow to potentially add them to the program.

Social Emotional Mental Health Working Group: There was a second meeting this morning and it went very well. Attendees gave their input on Ashland Raises Happy and Healthy Kids and they provided suggestions for community programming next year.

Opioid Prevention Working Group: Kristin gave a recap of the groups' meeting last month. The group is currently being split up into subgroups to work on the 10 recommendations. Kristin also asked for everyone in the group to reach out to her if they are interested in joining a group.

MA Brain Injury Conference: Rebekah mentioned that she attended the MA brain injury conference. She went to a workshop called the stigmas of addiction where they mentioned a protective factor for addiction prevention is families who have dinner together. Rebekah appreciated the timeliness of the program on family dinners and agreed that we should focus more on protective factors.

Youth CADCA Debrief: We rescheduled this topic for next week when we have a youth-focused meeting.

Hidden in Plain Sight: Jemima and Amy gave a description of Hidden in Plain Sight. It is an interactive exhibit that walks you through a teenager's bedroom and the signs to look for that could suggest there is a substance abuse problem. It is meant to provide families with a guide to start conversations at home with their teens. They plan to email the coalition members when the details on dates and location become available. They also asked if anyone would like to volunteer; there are slots available to do so. Liz mentioned that an online survey for evaluation would be helpful and Kristin said she would look into it.

Recent Successes: SADD had a good program today after school where they showed a movie about the dangers of using LSD and a quick discussion about it. SADD also performed sticker shock last week in 5 out of 7 stores. They placed stickers on 12 packs and requested more stickers be printed. SADD will also be doing caring cards in a few weeks.

ASAP has new students who are interested in the group. They want to do PSA's on making someone's day. Kelly hopes that the students will stay engaged.

Marijuana Position Statement : Amy talked about different coalitions that have marijuana position statements and she encourages that the coalition also develop one. There was ongoing conversation about this with the group where everyone agrees that we can develop a statement that is educational and doesn't persuade people on what to vote on.

MAPA Efforts: We had enough time to watch the “Then and Now” video that everyone enjoyed watching. There was conversation to incorporate the video in the schools. Amy also mentioned that MAPA is a great organization that does not get any federal funding, allowing them to advocate for important substance use policy. Volunteer coalition members can support their efforts in educating the public.

Meeting adjourned at 7:05PM.

Next Meeting: May 10, 2016, AMS, Activity Room, 2:30pm-4:00PM



Decisions at Every Turn Coalition
March 8, 2016
Meeting Minutes

Attendees: Jemima Valdouin, Betsy Emberley, Al Porter, Kristin French, Gina Donovan, Kelly Roy, Dave

DiGirolamo, Amy Turncliff, Liz Byrnes, Audrey Lacroix, Rebekah Carter, Brian Garrigan, Kelley St. Coeur, Katie Zheng

The meeting began at 5:33PM. Introductions were given for our new coalition meeting attendee, Katie Zheng. Katie introduced herself to the group. Minutes were accepted from the February 9, 2016 meeting.

Coalition Meeting Activity: Coalition Collaborations and Partnerships:

We continued the activity we did at the last coalition meeting by breaking down the relationships we have with each sector. We discussed how we have collaborated with them and brainstormed new ways to continue to work with different community organizations in Ashland. The activity took about an hour to complete.

Updates were given:

STAND (AHS Social Norms) Update: Betsy has started pilot testing with students for the posters that will go on the vending machines and the stairs at AHS. Ethan is editing those images and we will pilot test the new versions once completed. Round 4 of the STAND posters is currently up.

Community Programming Debriefs: Susan Rivers came on February 11th and everyone enjoyed her visit. Coalition members thought that her presentation was memorable and they enjoyed that it was targeted for students, APS staff and parents. There was a comment made that the

vocabulary was helpful for the 8th graders to learn. Kelly Roy felt that the 8th graders were not on their best behavior during the assembly. However, Jemima mentioned that Susan did a good job with the high school students and she was well received. The evening program had a total of 80 parents/community members, which was a success.

Betsy shared that the program Ready, Set, Go was well attended and received positive evaluations. The next program will be on March 8th on Family Dinners by Lisa Beaudin and Cindil Redick from The Family Dinner Project.

The final community program will be on Tuesday May 10th for Pre-Prom/Senior Week. The Middlesex District

Attorney's office will provide a presentation to families on social host liability. Betsy was planning to have Ashland Theater come in and do a few vignettes that evening but that will not work out. Betsy is currently checking with other groups like Washington Street and Walnut Hill for their availability.

Social Emotional Mental Health Working Group: The first meeting for this working group went very well and the group was able to create some great action items that were carried out immediately. Kerry Luoma and Carolyn Chapman volunteered to write tidbits related to SEMH and sent them out to the schools to include in their weekly emails to families. So far, there have been 2 messages. These messages are also being posted on the Youth and Family Services Facebook page. The next meeting will be held on March 30th.

Opioid Prevention Working Group: Kristin gave a recap of the groups' meeting last month. The group was able to go through the 10 recommendations made by the Massachusetts Municipal Association report on Opioid Addiction and Prevention; the group identified how we can implement those strategies in Ashland. The working group will meet again this month to prioritize the strategies and create subcommittees.

Recent Successes: Liz wanted to celebrate the marijuana hearing on Monday that Amy attended. She was able to share educational and scientific evidence on marijuana with the Judiciary Committee. We also celebrated the joint op-ed piece written by Mayor Marty Walsh, Attorney General Maura Healey, and Governor Charlie Baker that shared the dangers and concerns around legalization of marijuana in Massachusetts.

Volunteer Opportunities: A chart was passed around for members to sign up to volunteer for Hidden in Plain Sight and the PTO Basketball Game.

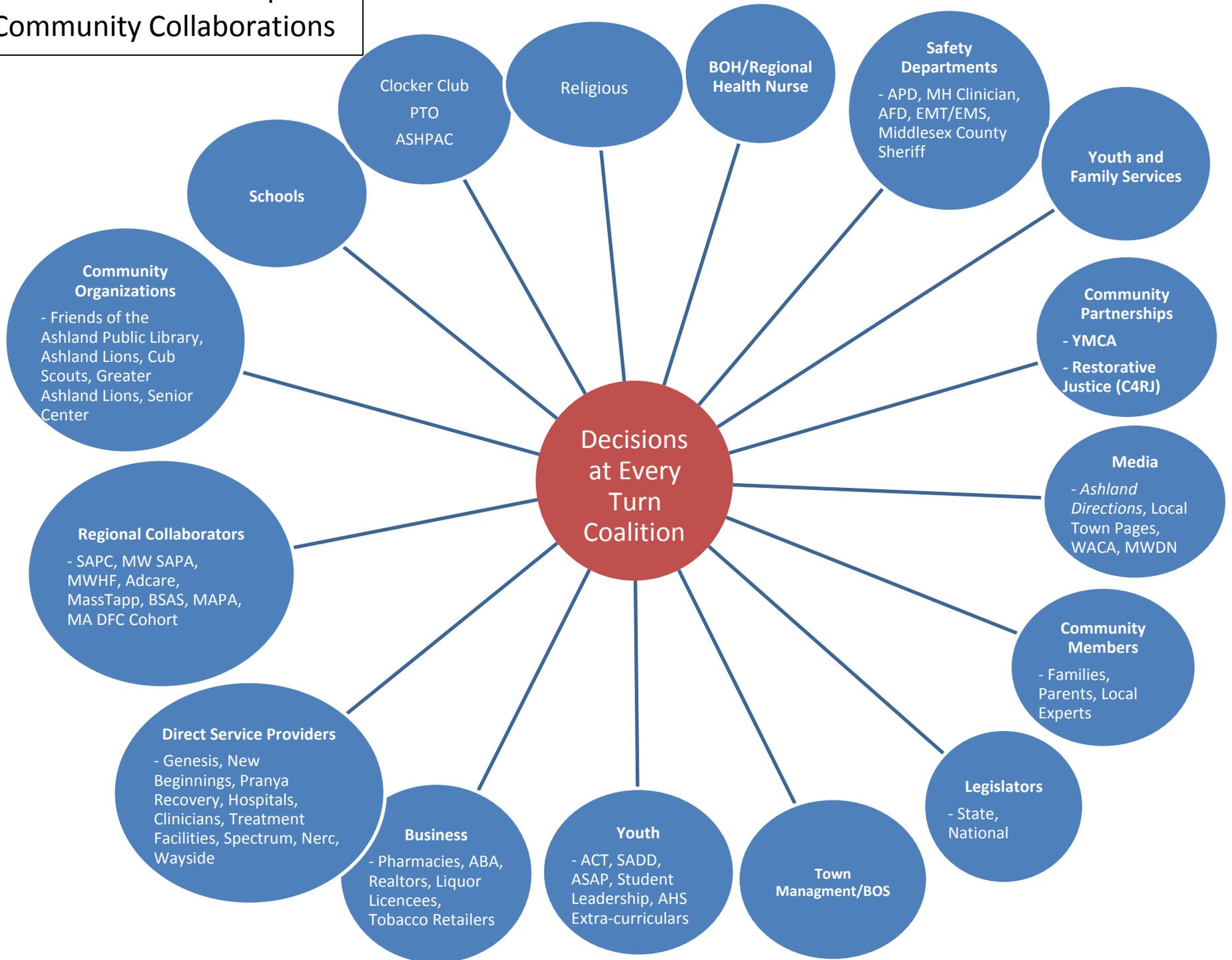
MA Opioid Addiction Prevention Collaborative (MOAPC) Grant: The grant application has been submitted by Framingham and we are waiting to see if we (the cluster including Ashland, Framingham, Natick, and Hudson) get it.

MAPA Efforts: Amy has been working with MAPA to provide education to Massachusetts communities on the marijuana legalization bill. MAPA will be helping to provide regional marijuana education trainings throughout Massachusetts. This will be taking place in late Spring.

Meeting adjourned at 7:15PM.

Next Meeting: April 12, 2016, AMS, Room 5, 2:30pm-4:00PM

DAET Coalition Partnerships and Community Collaborations



Potential Partners or Outreach Opportunities Missing from the Chart

- **Community Organizations**
 - AEFI
 - Ashland Parent Council
 - MW Chamber of Commerce (Paul Joseph)
 - Ashland Music Association
 - Ashland Sporting Association
 - Ashland Youth Sports

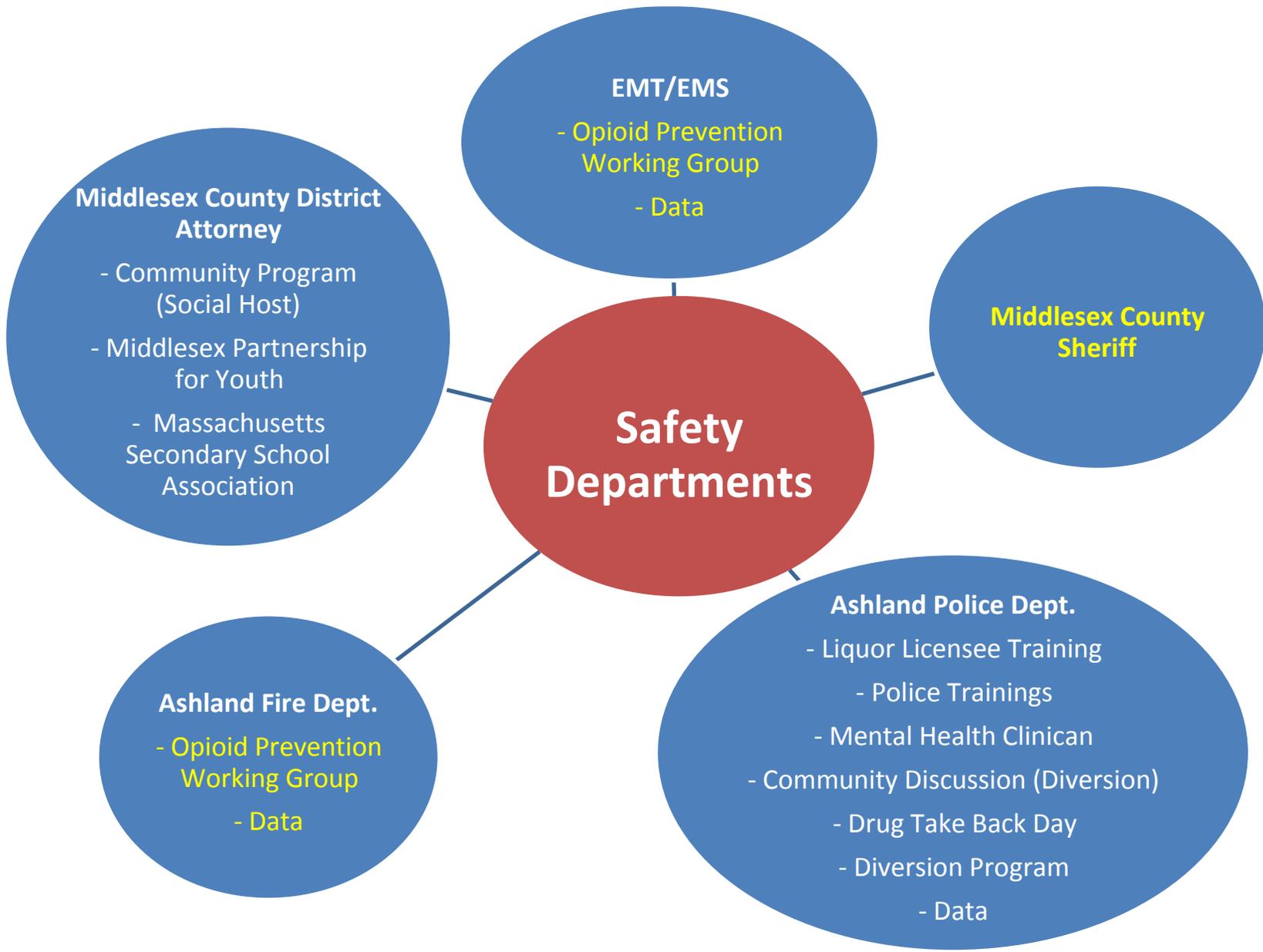
- **Businesses**
 - Nokona
 - MW Sports
 - Backstage Dance
 - Ann Marie's Dance
 - Talvys

- **Direct Service Providers**
 - MW Medical Center
 - Clinicians

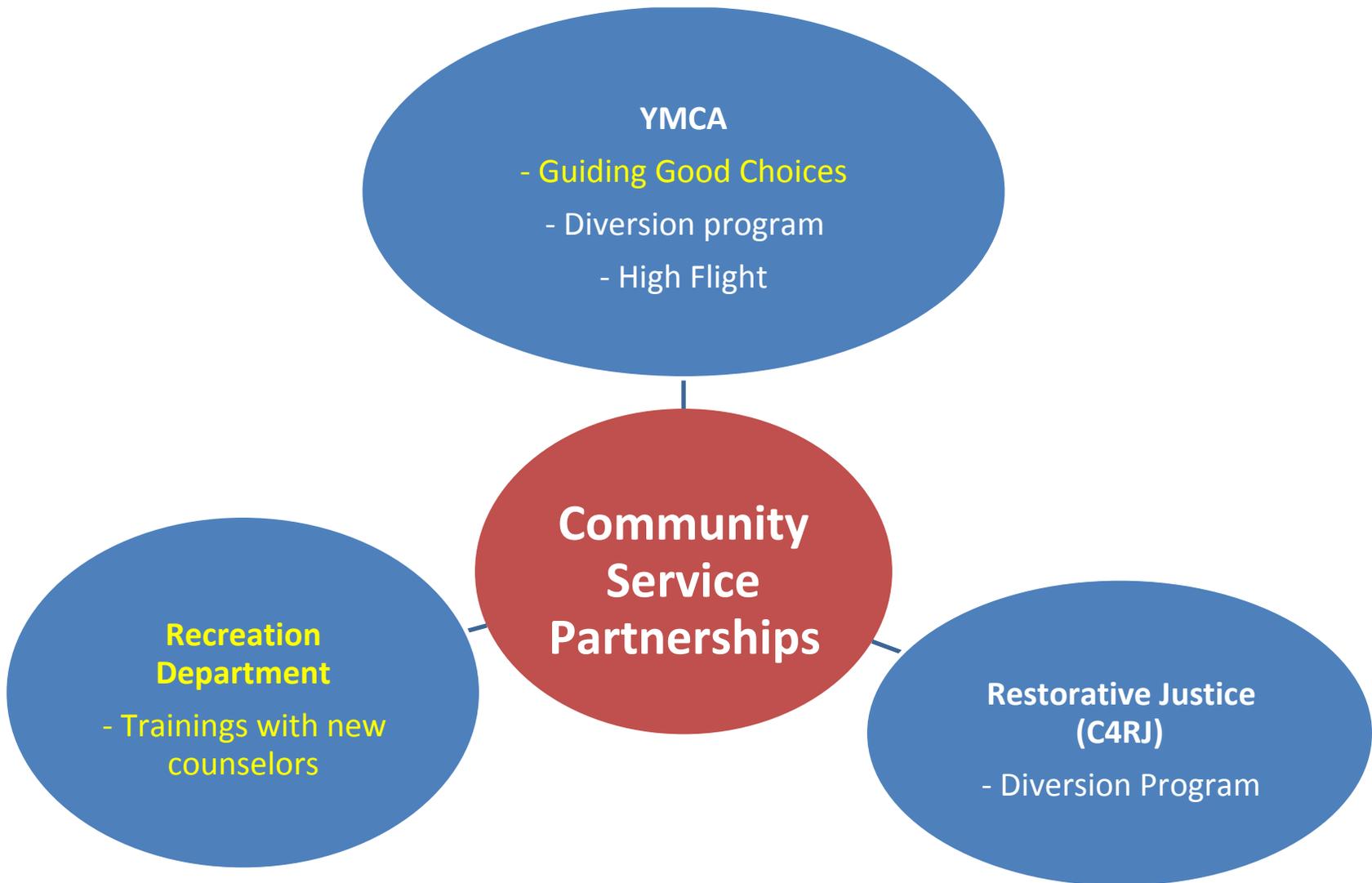
- **Schools**
 - Framingham State University (Colleen Coffee)

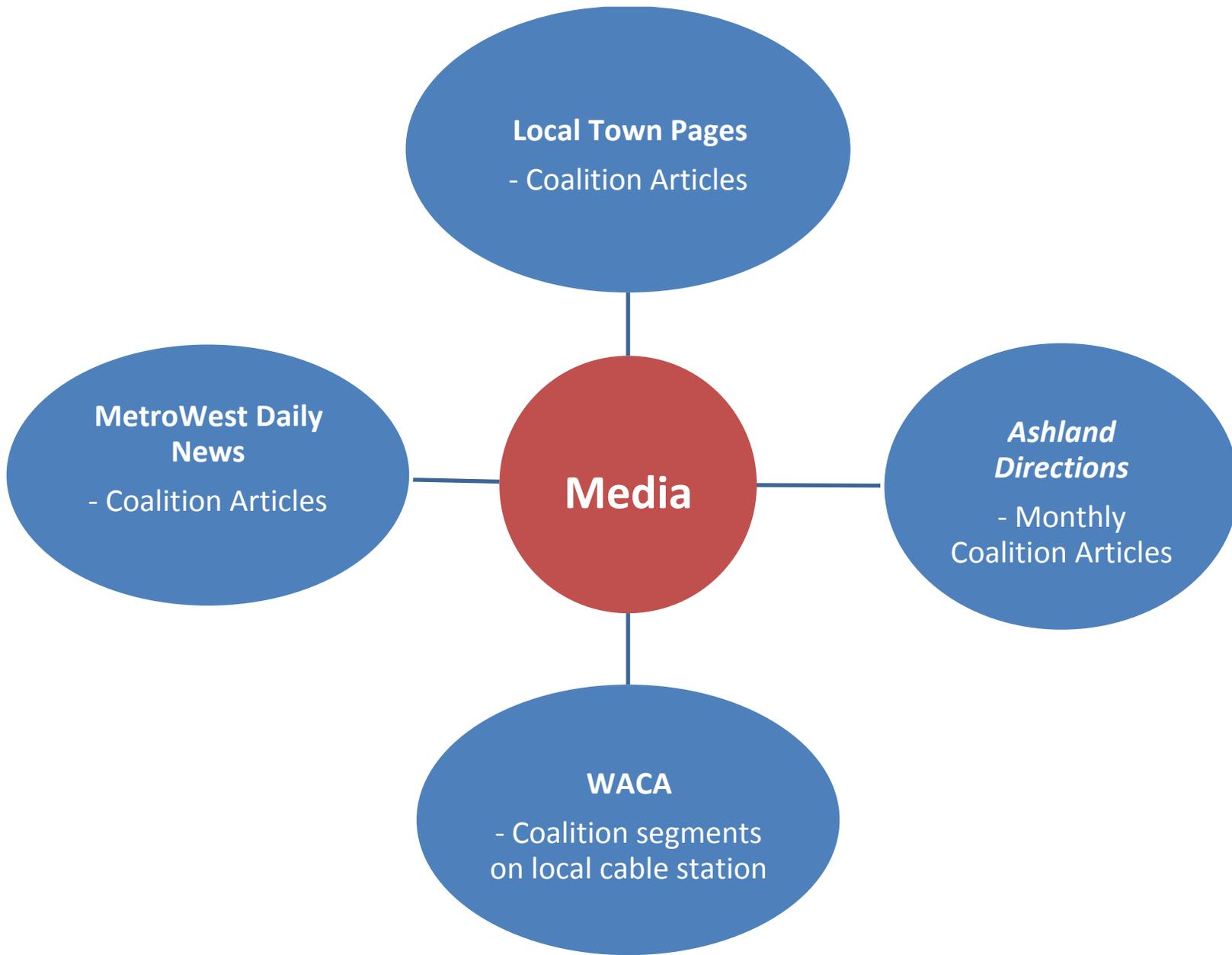
Decisions at Every Turn Coalition: Partnerships and Community Collaborations

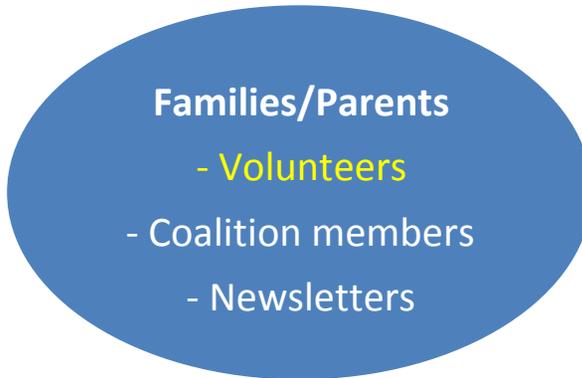
ACTUAL and **POTENTIAL**











State

- Karen Spilka
- Tom Sannicandro
- Governor Baker

Legislators

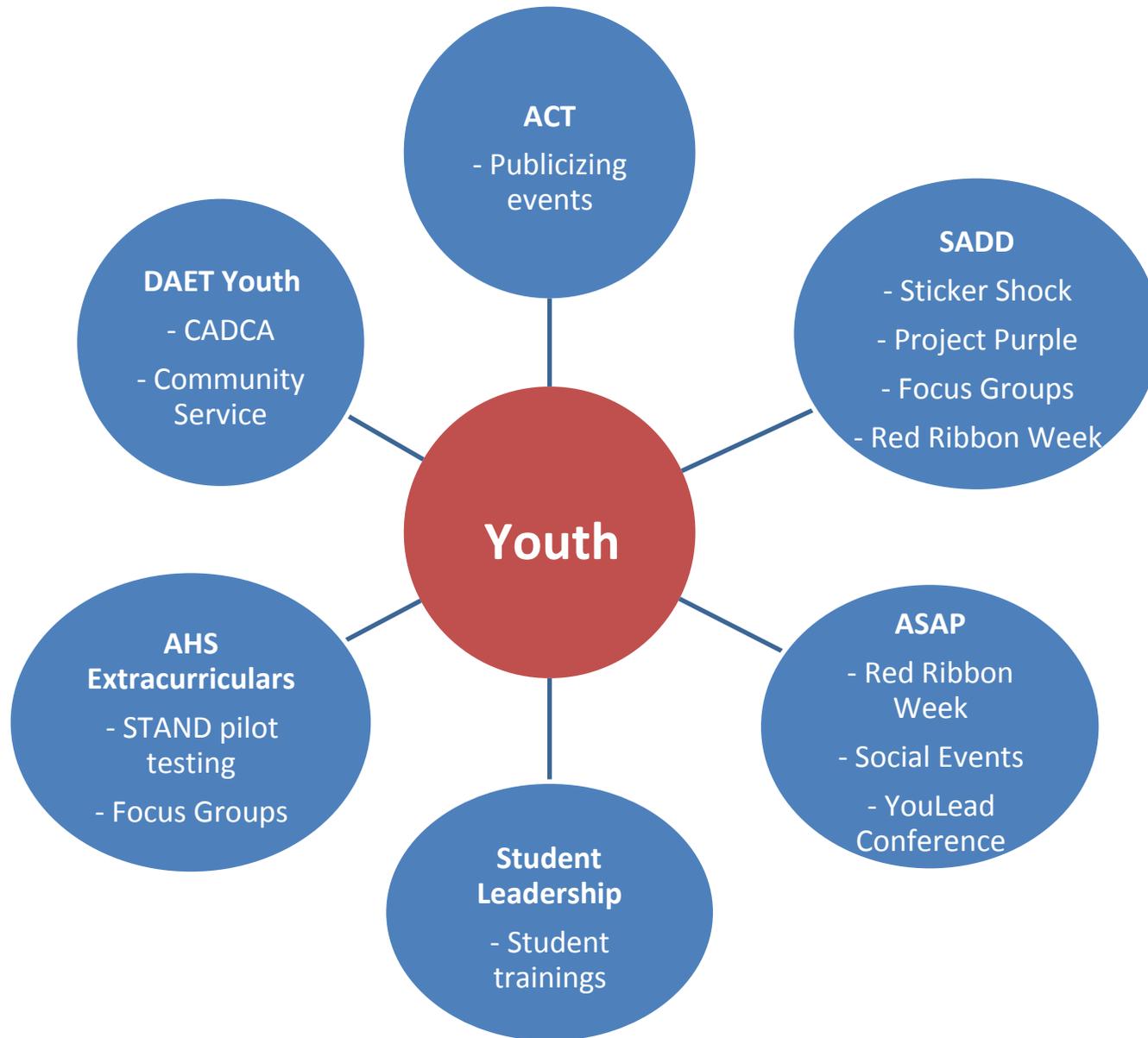
National

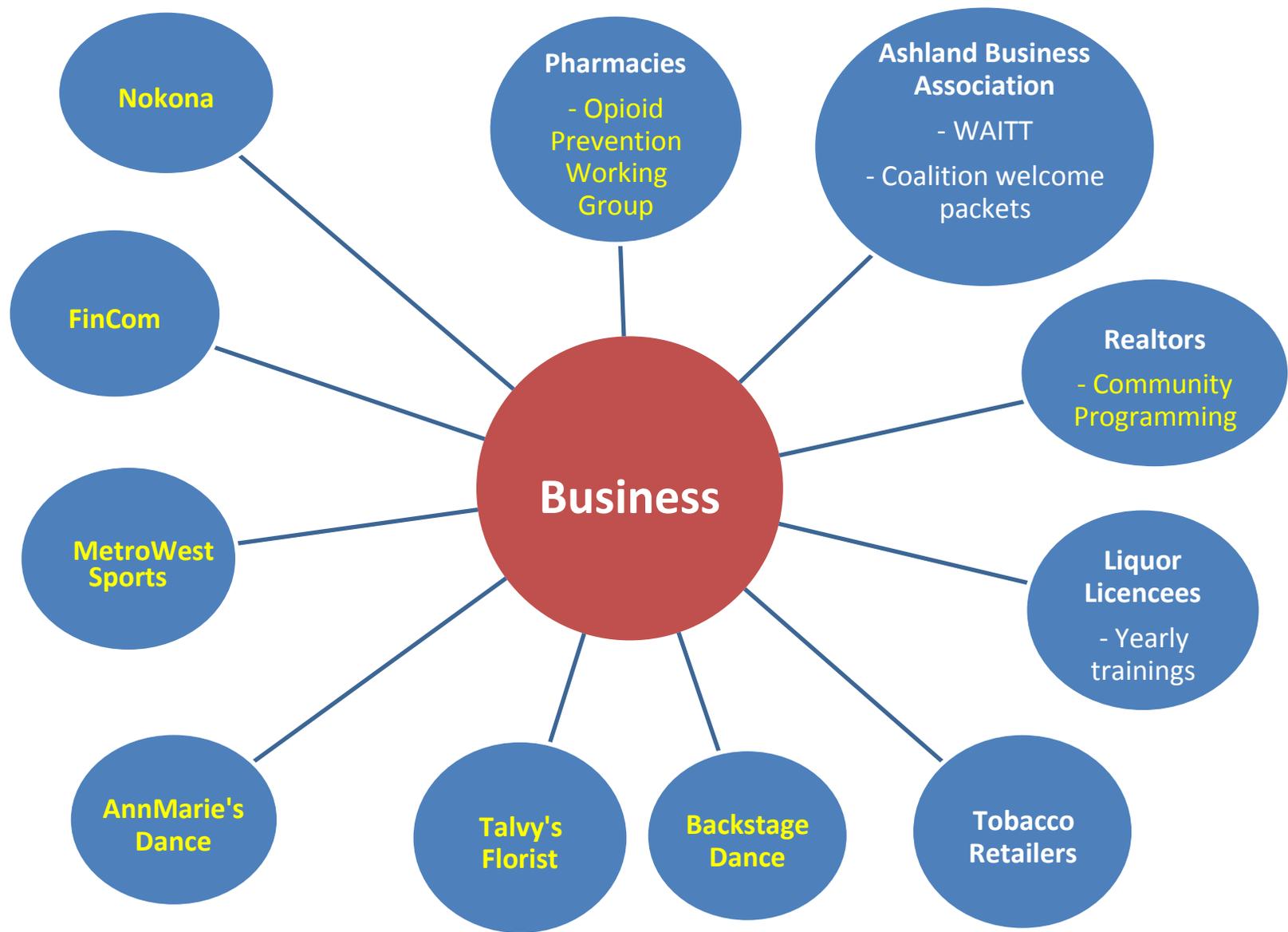
- Elizabeth Warren
- Katherine Clark

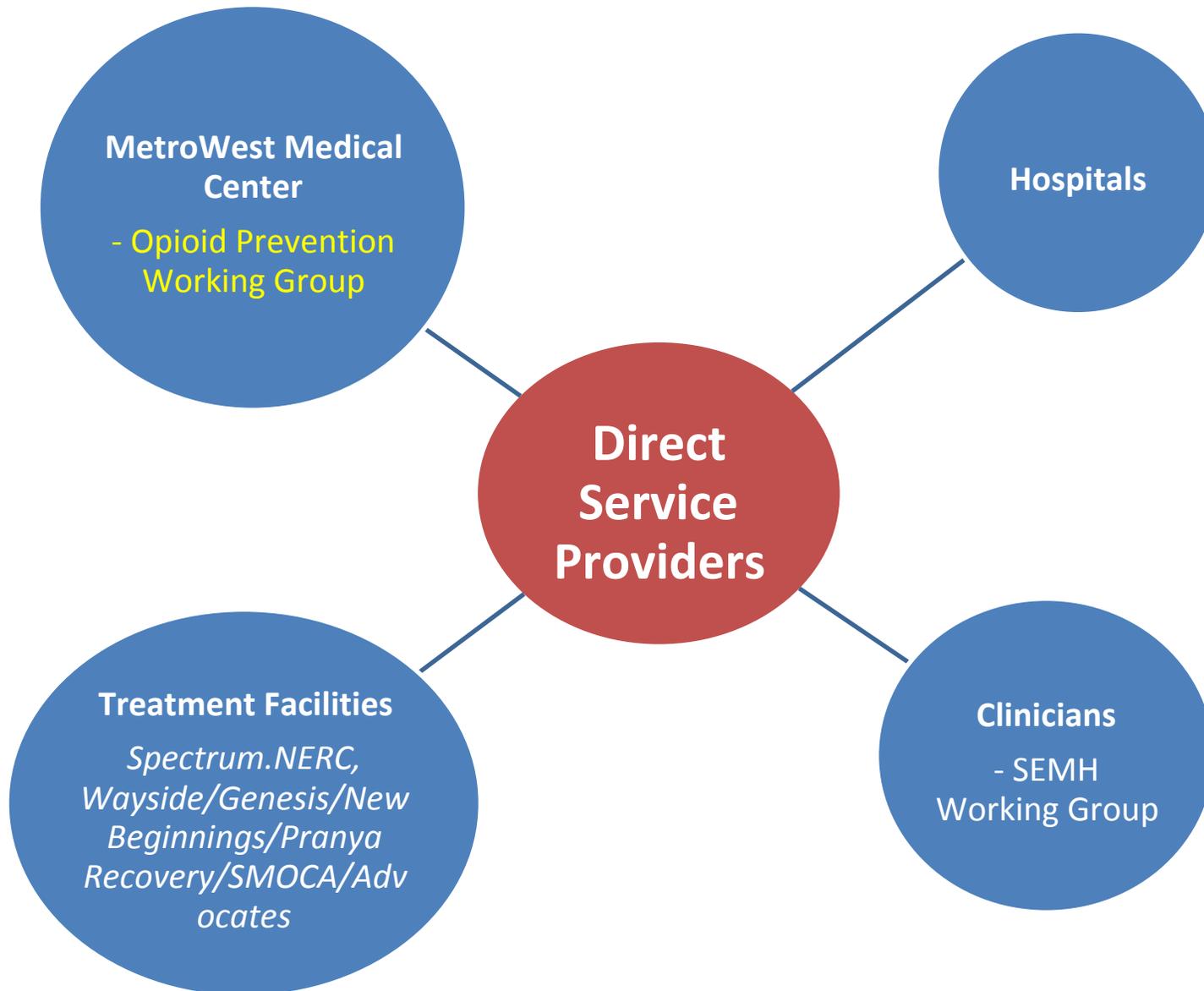
Town Manager
- Grant support (MOAPC & SAPC)

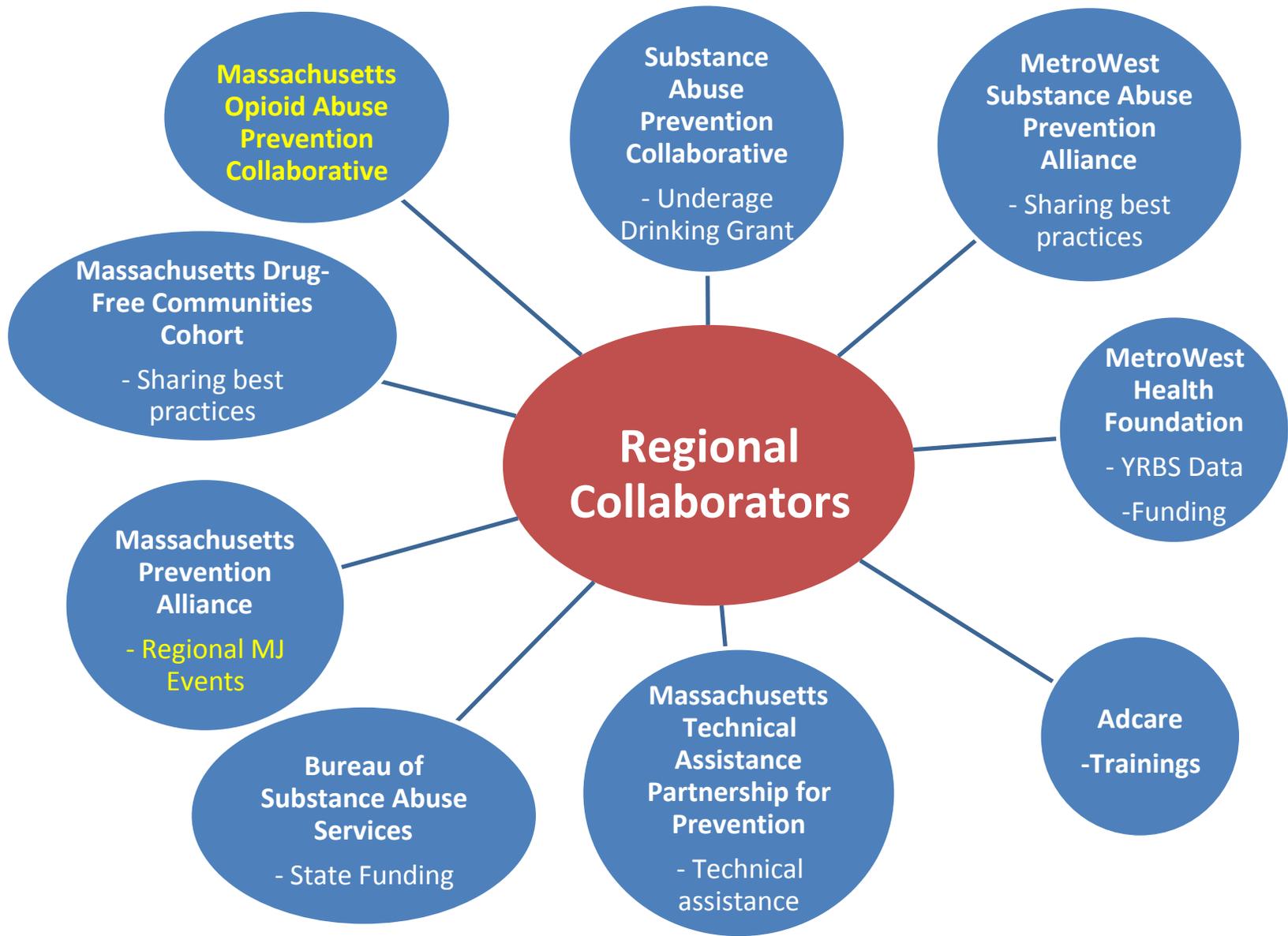
Town Management

Board of Selectmen
- STAND
- Liquor Licensee Trainings
- BAA Grant

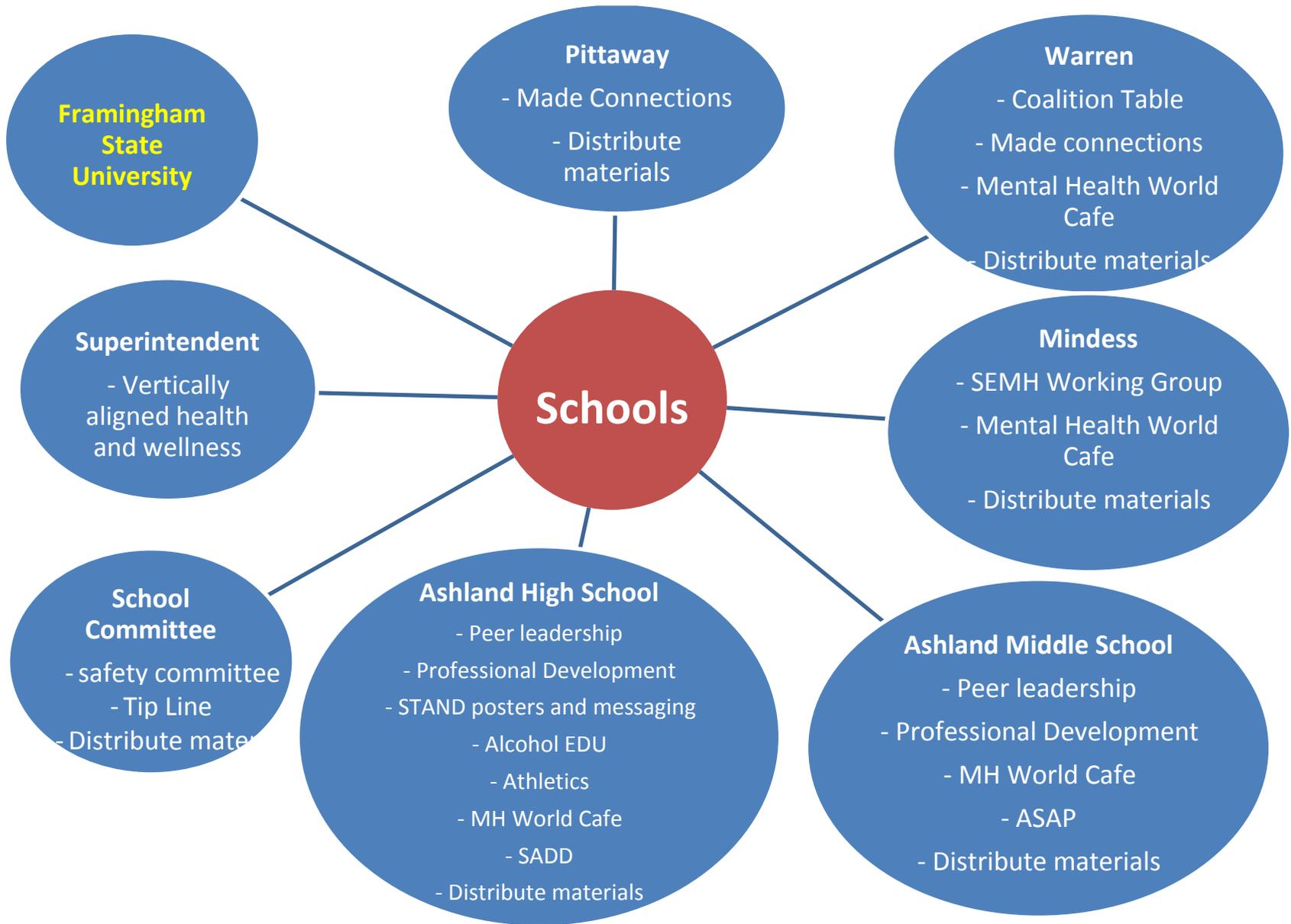


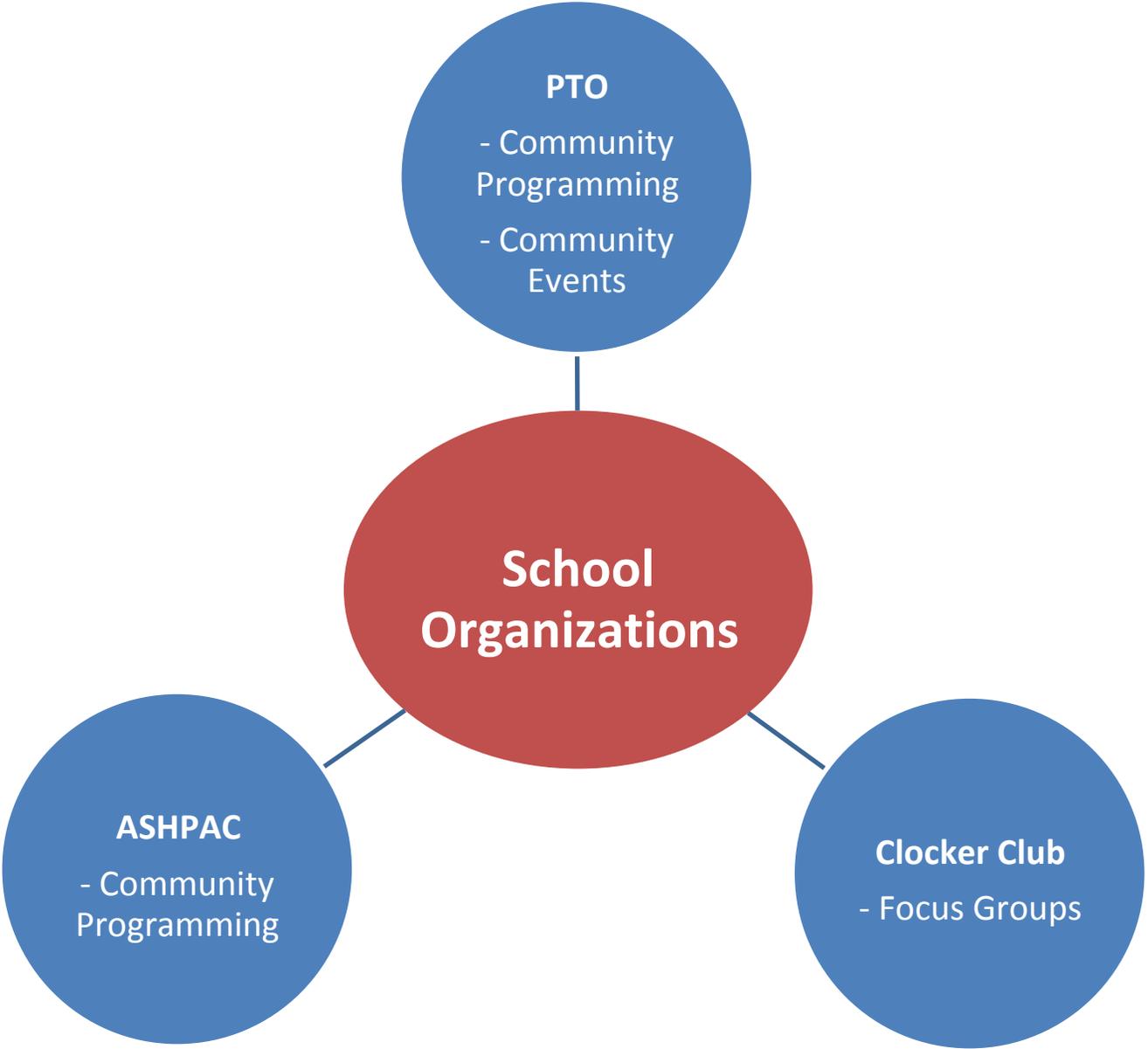


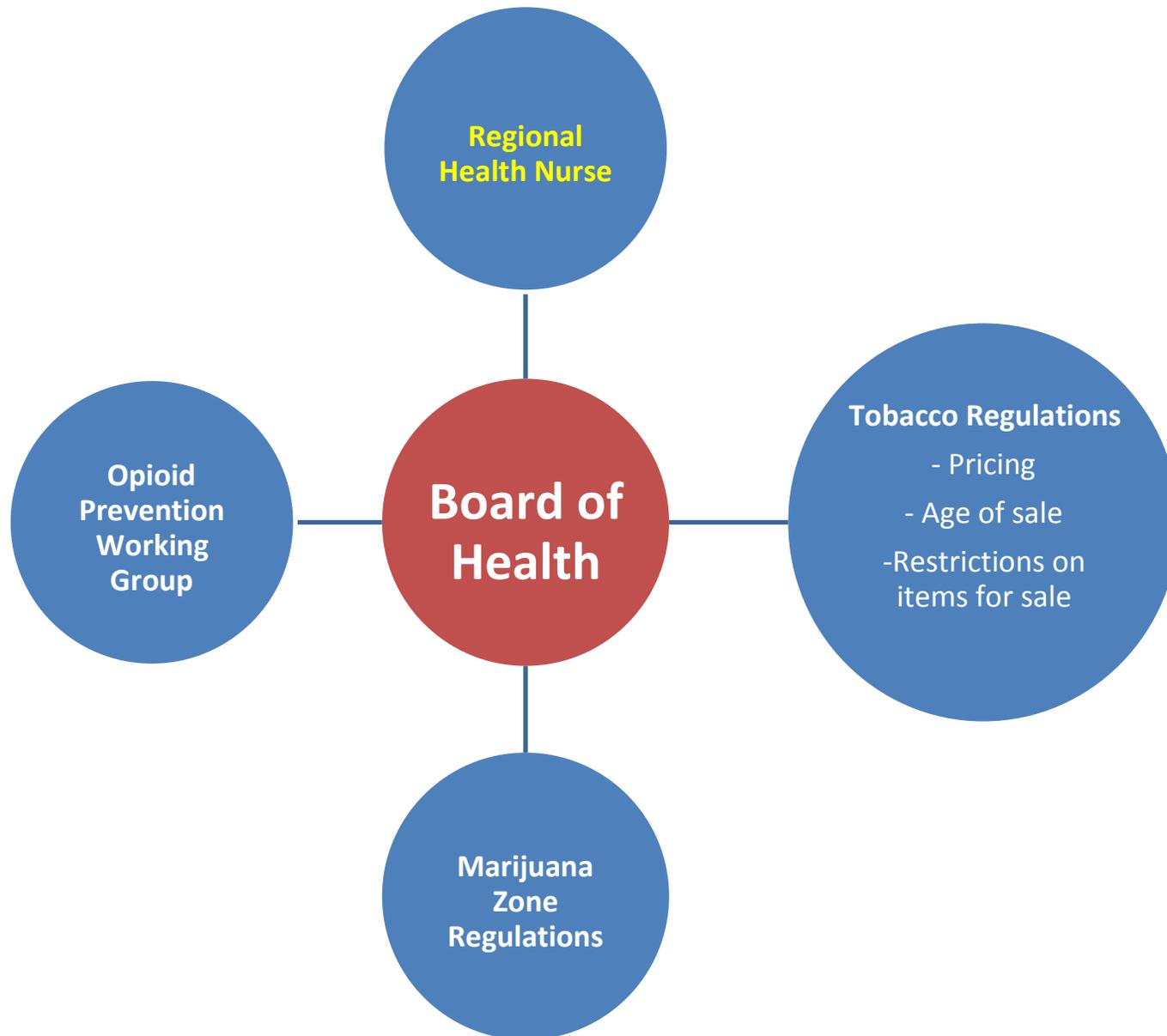














Decisions at Every Turn Coalition
February 9, 2016
Meeting Minutes

Attendees: Jemima Valdouin, Betsy Emberley, Al Porter, Kristin French, Jessica Healy, Gina Donovan, Kathy Silva, Kelly Roy, Dave DiGirolamo, Amy Turncliff, Liz Byrnes

The meeting began at 5:30PM. Minutes were accepted from the January 12, 2016

Updates were given:

DFC Grant Continuation Application: Jemima informed the group that the application was completed and submitted back in January. Anyone who wishes to review the application can contact Jemima.

STAND (AHS Social Norms) Update: Betsy cancelled the STAND mini-training that was scheduled for February 9th because of the snow days and recent travel from the CADCA conference. Attendees for the training included Officer Muri, Officer Burman, Cara Tirrell, representatives from the board of selectmen and Gina Donovan. The training will be rescheduled for a later date.

Betsy also mentioned that the next round of STAND posters have been sent off to be printed and will be posted once they are finished.

Community Programming: The next program is Susan Rivers on Thursday, who will be presenting to 8th, 9th and 10th graders, APS health and wellness staff, AHS teachers and the community. Betsy will send the itinerary to the leadership team tomorrow. The next program, after Susan Rivers, will be Ready, Set, Go on February 23rd. There will also be a Nutrition program on March 8th. Betsy will be meeting with Lisa Beaudin for the logistics of this program. The program will go over

how to set up a healthy meal with your family and fostering communication over meals. There is a non-profit in Boston that Betsy plans to reach out to in hopes of using their program as a guide.

Today, Betsy and Jemima met with Scott Umbel and Heidi Kaufman to talk about implementing the program Guiding Good Choices in Ashland. The YMCA is willing to help implement the program and there will be a followup conversation about the details of piloting the program in the Fall.

CADCA National Leadership Forum Recap: Jemima, Betsy and 4 Ashland youth attended the CADCA Forum conference in Washington D.C. last week. The conference was a great experience for the teens, as they were able to meet with Senator Elizabeth Warren and share with her the dangers of recreational marijuana legalization in MA. Betsy also attended many trainings that helped broaden her knowledge. We plan to have the teens share their experience with the coalition at our next youth focused coalition meeting.

Social Emotional Mental Health Working Group: Betsy will be spearheading this working group and has scheduled a meeting for Wednesday February 24th at 8:30am. The invitation list includes all of the principals in the district and key community members.

Opioid Prevention Working Group: Kristin gave a recap of the groups' first meeting last month. The group was able to share their views and thoughts on the opioid epidemic and share insight on areas they feel they can best support the group. Kristin plans to schedule the next meeting for this month in upcoming weeks based on everyone's availability.

Other: Chris Herren:--Gina Donovan asked if the coalition was planning to bring Chris Herren to Ashland. Amy commented that the coalition is willing to support Chris coming to town but does not want to take the lead for the program. Amy also noted that Mike Grimes, Ashland Athletic Director, has mentioned he would like the coaches and captains to receive trainings on topics related to substance abuse and leadership which are areas the coalition can help. Liz Byrnes mentioned that the coalition should focus on primary prevention efforts utilizing evidence-based strategies, to which the group agreed.

Volunteer Opportunities: A chart was passed around for members to sign up for different volunteer opportunities for community programming.

Activity-- Coalition Collaborations and Partnerships: Amy facilitated an activity that included the creation of a networking map showing all of the collaborations and partnerships the Coalition currently has. We also included the creation of a wish-list including potential collaborations and partnerships for the future.

Recent Successes: Betsy wanted to celebrate the coalition taking 4 youth to CADCA. Jessica Healy wanted to celebrate that Ashland has done a great job at reducing underage drinking. Dave DiGirolamo and Kelly Roy mentioned that ASAP had their first school dance that was well attended. AMS will also be sending students to the youth congress and training at Bridgewater State University on anti-bullying. AMS will also bring back Deb and Dana in April for another round of trainings for the peer leaders.

Amy went to the state house today to give a testimony on a prevention bill focused on finding innovative ways to integrate prevention. Although she was not able to give a verbal testimony, she will submit a written testimony in support of the bill.

Ashland Farmers Market Tent: Amy ran into Jeanne Walker who asked for a date the coalition would like a table at the farmers market. Everyone agreed that September 10th was a great date.

Other: MIAA Conference: Betsy mentioned that she would like the coalition to send her to a training by the MIAA. Liz and Amy agreed to pay the registration cost. Betsy also said she would forward the conference information to coalition members.

Other: Yes for Ashland: Betsy is co-chairing Yes for Ashland ballot for the town override. She requested that the coalition support the override. Liz and Amy said they could help to create a support letter.

Meeting adjourned at 7:10PM.

Next Meeting: March 8, 2016, Room 5, 5:30PM-7PM



Decisions at Every Turn Coalition
January 12, 2016
Meeting Minutes

Attendees: Amy Turncliff, Betsy Emberley, Liz Byrnes, Jemima Valdouin, Mark Oram, Brian Garrigan, Jessica

Healy, Selma Chamime, Haley Boccuzzi, Stephanie Moscaritolo, Athena Lampiris, Catherine Gustofson, Kelly Roy,

Kelley St. Coeur, Samuel Gouan, Jack Emberley, Audrey Lacroix, Gina Donovan, Dave DiGirolamo, Judy Margulies

The meeting began at 2:33PM. Meeting attendees introduced themselves to the group.

Youth-Led Activity: Jemima Valdouin led a youth-focused activity based on our youth engagement action plan. The activity was focused on planning a youth summit. Students gave their input on what they would like to see a youth summit entail, including topics, guest speakers, location and making it a regional effort vs. an Ashland effort. This activity ran until 3:15pm and students were encouraged to contact Jemima if they wanted to share more ideas and help in starting to plan the youth summit.

Dave DiGirolamo spent a few minutes explaining the peer leadership program after students shared their experiences with the program. Training for peer leaders and peer-leader led sessions consist of different interactive seminars focused on mentoring, bullying, leadership and other youth development topics. There are about 25-30 AMS students enrolled in the program and the goal is to have the students take what they learn and implement it into the school culture. Amy Turncliff mentioned to the group that the coalition is funding part of this program and we need to do a better job promoting these programs as areas of youth development that DAET supports. Liz Byrnes made a suggestion that we should go through all of the programs the coalition funds or supports for members to get a better sense of what we do. The group decided that would be a great topic of discussion for the next coalition meeting.

Minutes: Mark Oram agreed to accept the minutes if we change the name of his board of health member from KA to KG Narayana. Betsy Emberley also requested that we add to the

successes that Gina Donovan has been a great School Committee representative who sits on our coalition. Those changes were made.

Updates were given:

STAND (AHS Social Norms) Update: STAND round 4 was sent out via email for review to the social norms committee members. There has been 1 day of pilot testing and around round of pilot testing will happen next week at lunch with Betsy and Jemima. The initial pilot testing will run until January 20th and the plan is for the next round of posters to go up by the end of the month.

Community Programming: The Mindfulness program went well but was not well attended. The idea is that weeks right after breaks are not the best times to hold programs. Betsy and Jemima will meet tomorrow to go through next year's community programming schedule. Members are encouraged to share topic ideas with them for next year.

Focus groups on assemblies with students have happened and they had a lot of input for the upcoming assembly to be delivered by Susan Rivers, PhD, Deputy Director of the Center for Emotional Intelligence at Yale University. Those notes were sent to Kelley St. Coeur to share with Susan.

Betsy mentioned the next 2 programs for community programming, So Much to Worry About: What is Causing Anxiety with our Youth on Thursday January 21st and the Susan Rivers program on Thursday February 11th. Amy went into detail about the Susan Rivers program as a 3 prong approach to speak with students, school staff and parents/community members.

Other: Guiding Good Choices: Betsy will be contacting Scott Umbel and Heidi Kaufman to schedule a time to meet to talk about the program. She will update us at the next meeting on this.

DFC Continuation Application: Amy talked about our DFC continuation application that is due on January 26. She asked members to provide feedback on the budget and other documents once they have been updated by Jemima, Kristin French and herself.

SAPC Grant: Jessica Healy talked about the progress of the regional underage drinking grant that Ashland has signed on to take part in. Amy collected signatures from Michael Herbert (Town Manager), Jim Adams

(Superintendent of Ashland Public Schools), Mark Oram (Board of Health, Agent) and Craig Davis (Chief of Police) for the Memorandum of Understanding (MOU) to be sent to Sam Wong in Hudson's Health Department. Jemima and Kristin helped in getting 2 focus groups completed and key informant interviews completed.

Coalition Publications: Jemima spoke on behalf of Kristin, who was absent, on the recent coalition publications including the winter newsletter and 2 tip sheets on student sleep and student stress. These documents are available on the coalition website (www.AshlandDecisions.org).

PTO: After Kristin and Amy met with the PTO members Megan McGuire and Sue Reap, they have agreed to come on as a new partnership with the coalition. They will be collaborating with us for the Susan Rivers program and other events throughout the year.

Volunteer Opportunities: A chart was passed around for members to sign up for different volunteer opportunities. These include helping to staff a coalition table at community programming events, be part of the Social Emotional Mental Health (SEMH) Working Group and signing up to be part of the Opioid Prevention Working Group.

Recent Successes: Betsy wanted to celebrate the success of running multiple focus groups over the course of 2 weeks. Jemima also wanted to celebrate that we have 4 students who will be attending the CADCA Leadership Forum in February. Mark Oram wanted to celebrate that the Board of Health will be hiring a part-time public health nurse.

Other: Marijuana Hearing: Amy talked about a hearing regarding Bill H. 1561, focused on taxation and regulation of the cannabis industry, happening tomorrow and asked for consent to submit written testimony on behalf of the coalition. Liz agreed but asked that we provide educational information in the testimony. The group agreed that Amy would submit this written testimony.

Meeting adjourned at 4:13PM. Next Meeting: February 9, 2016, Room 5, 5:30PM-7PM